



Dave Kastrup, Athletic Director
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The time has come COMETS! Fall sports teams are forming NOW!

First day of practice is Monday, Aug. 9th

If the student is interested in taking part in any fall sports they will need to meet the following requirements.

1. **Valid Sports Physical on file in the Athletic Office-** Where to get a physical is posted on the next page. If a student played sports last year and thinks you may have a valid physical on file please email dkastrup@fergflor.org to check the status on your physical. If you have an updated one please email the new one to dkastrup@fergflor.org or fax it to 314-208-3615. If the student has a scheduled doctor's appointment in the coming weeks please be sure to take one of our Physical Exam forms with you for the doctor to complete. Blank forms can be printed [HERE](#)
2. **MSHSAA Pre-Participation Forms submitted-** These forms are required every year for students to take part in sports and other extracurricular activities. Blank forms can be printed from [HERE](#)
3. **Student should complete the Fall Sign-Up questionnaire-** [Click HERE to SIGN-UP](#)
4. **Students must meet the academic requirements set forth by the Missouri State High School Activities Association-** Students entering 10th-12th grade must have earned a passing grade in at least seven classes during the Spring of 2021. Up to two classes could have been recovered through summer school to equal up to seven classes. Incoming 9th graders are exempt from this academic requirement for the Fall season. They will need to maintain passing grades to continue participation through the fall season through our Ferguson-Florissant Academic Policy.
5. If you are interested in participating in Fall Sports and have tested positive for COVID in the last six months the student will need to have the MSHSAA [COVID RTP Form](#) completed by a doctor. This is required by the state and must be completed. Once the form is completed and turned into the Athletic Trainer he will then begin a required Return to Play Protocol that will ease the athlete into play to ensure that there are fit to compete.
6. **Tryout/Practice Card-** Once all required documents have been submitted to the Athletic Director and approved the athlete must obtain a Tryout/Practice Card. These cards will be distributed through the AD's office and students without a card will NOT be admitted to practice or tryouts by a coach. Upon arrival to practice the student will hand their card to the appropriate coach.

NO CARD= NO PLAY

Cards will be available beginning Monday, July 26th between the hours of 8:00am and 3:00pm from the Athletic Director's office. In order to receive a card all of the requirements above must be met. Cards will be available through a walk-up service. See the next page for details.

Boys Soccer

Head Coach, Coach Fitzgerald- bfitzgerald@fergflor.org
Assistant Coach, Coach Albright- malbright@fergflor.org
Assistant Coach, Coach Velez- jvelez@fergflor.org

Boys & Girls Cross Country

Head Coach, Coach Ulrich- culrich@fergflor.org
Assistant Coach, Coach Ankenbrand-
mankenbrand@sbcglobal.net

Girls Volleyball -

Head Coach, Coach Robinson – arobinson7228@gmail.com
Assistant Coach, Coach Woodgeard- swoodgeard@fergflor.org
Assistant Coach, Coach Raspberry- eraspberry2003@gmail.com
Assistant Coach, Coach Root- jroot@fergflor.org

Girls Softball -

Head Coach, Coach Durnin – bdurnin@fergflor.org
Assistant Coach, Coach Waters- jwaters@fergflor.org

Girls Tennis

Head Coach, Coach Aguilar- daguilar@fergflor.org
Assistant Coach, Coach Stephens- gstephens@fergflor.org

Boys Swimming

Head Coach, Coach Cook- acook@fergflor.org
Assistant Coach, Coach Leonard- kleonard1@fergflor.org

Football-

Head Coach, Coach Brown – hbrown@fergflor.org

If you have any additional questions please don't hesitate to email me. I look forward to hearing from you and working with you

GO COMETS!

Sincerely,



Dave Kastrup
Athletic Director
McCluer High School



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McCluer Student

Kevin McClain, DC, CCSP

Certified Chiropractic Sports Physician

2640 N. Hwy. 67, Florissant, MO 63033

Phone: (314) 838-6083 * Fax: (314) 838-8994

Or



Cost - \$25
Tell them you are a
McCluer Student

Dr. Sarah

11901 St. Charles Rock Rd.

Bridgeton, MO. 63044

314-298-1400

Students should bring the Physical Forms to the appointment with the parent portion of the form filled out. They will not have forms onsite.